

Clínica Universidad de Navarra



50 Years of **Experience** in Patient Care



Certified since 2004 by the Joint Commission International, since its foundation in 1962 the University of Navarre Clinic (Clínica Universidad de Navarra) has been one of Europe's most prestigious hospitals. Located in Pamplona, in northern Spain, it is the hospital of the University of Navarre's Department of Medicine, created in 1952 on the initiative of Opus Dei founder Josemaría Escrivá de Balaguer.

The current hospital complex, arranged in five phases, covers 75,000 square meters of grounds and is located on the University's "Biomedical Campus," along with the buildings of the Applied Medical Research Center (CIMA) and those of the departments of Medicine, Pharmacy and Sciences.

Cooperation and constant communication between these centers, renowned in the scientific field, make possible a high degree of excellence which, along with its personalized care for each patient, mean that the Clinic's service is truly unique.

The Clinic is the hospital of the University of Navarre's Department of Medicine, located in a hospital complex of more than 75,000 sq. m, constituting the University's "biomedical campus."



RESEARCH, INNOVATION, CARE

The Clínica Universidad de Navarra's **mission** is to provide excellent care to patients through innovative clinical practices, which combine research and high-level scientific teaching with close attention to patients and a spirit of service to people and society.

Non-profit

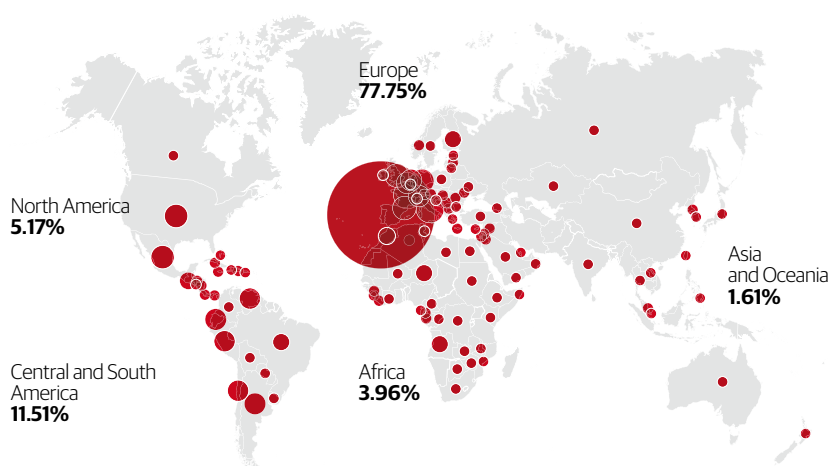
As a non-profit institution the Clinic is able to dedicate all surpluses to enhancing **patient care** through improved technologies, support for research, and the continuous training of its professionals.

CIMA

350 professionals from over 25 countries work at the Applied Medical Research Center (CIMA), the result of half a century of experience in the departments of Medicine, Science and Pharmacy, along with the Clinic's own research.



THE ORIGINS OF OUR INTERNATIONAL PATIENTS



2,036

Professionals work at the Clinic, exclusively dedicated to it.

Physicians	285
Residents	174
Nurses	663
Departments	34



The first Spanish hospital to be accredited by the Joint Commission International, in 2014.

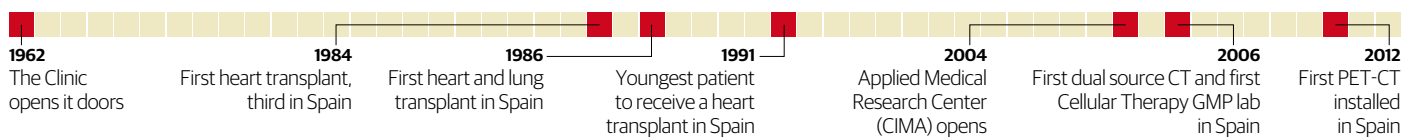
By the Numbers

In 2012 144,342 consultations were carried out, 9,842 surgeries, 11,182 patients were checked in, and 82,976 radiological tests were run in the patient care area, which features 330 beds, 16 ORs, 254 consult rooms, and 154 examination rooms.

Cutting-edge Research

In the last year **39 research projects** have been undertaken, representing an investment of 4.7 million euros. Moreover, 50 of the 183 currently active clinical trials began in 2013.

50 Years of Experience



Passion for the Patient

A Love for Life



At the Clínica Universidad de Navarra the patient lies at the heart of all our activity. The exclusive dedication of our physicians and the over 2,000 professionals who work for the Organization make it possible to dedicate the time and resources necessary to ensure personalized, high-quality care. In addition to its extensive experience the Clinic enjoys support from the University of Navarra's study and research centers.

At the clinic all medical specializations are found under the same roof. This is a unique advantage that minimizes waiting times, averts unnecessary travel, provides greater comfort to patients, and makes possible the attentive, quality care that has always set the Clinic apart.

Over 2,000 professionals and all the medical specializations in a single facility guarantee patient comfort and the outstanding care for which the Clinic is known.



CARE FOR WHAT WE VALUE MOST

Christian humanism inspires the activity of the University of Navarra and the work of those at the Clinic, a hospital dedicated to and built around patient-focused medicine, and one which honors the dignity of every human being. Thus has it been since the first day, and this legacy is transmitted from generation to generation by the Clinic's professionals.

What do our patients say?

87.4%

Attention received by medical staff, the main point praised by 87.4%.

93.7

Medical and personal attention, a score of 93.7/100.

93.9%

93.9% of patients **recommend** the Clinic.

72h

Access to outpatient service in 72 h. Completion of outpatient tests in 34 h. Access to surgery in 60 h from medical recommendation, with no waiting lists.

Cutting-edge Medicine

Experience, prestige and results



For over 50 years the Clínica Universidad de Navarra has been at the vanguard of medical and surgical attention, 100% dedicated to excellence and patient care. Since its founding in 1962 more than 700,000 patients have placed their trust in the Clinic.

Our operating model favors the continuous training of our medical staff, the reinvestment of surpluses in improved technology and facilities, and support for research. We are the best-equipped Spanish private medical facility in Spain, and that boasting the greatest number of clinical trials.

Since its inception more than 700,000 patients have turned to the Clinic, which has become the best-equipped private medical facility in Spain, and that running the most active clinical trials.

RECOGNITION

Half a century after its creation, the Clinic is today a world-class medical facility of international renown. In 2003 doctors recognized the institution as the "Spanish Medical Facility of the Decade" for the second time. Our attention to the patient and excellence in research have garnered us numerous "Best in Class" awards.



The PET GMP laboratory is capable of synthesizing 18 of our own radiopharmaceuticals to diagnose cancer and other diseases, such as Alzheimer's and Parkinson's.

Backed by Results

The advanced specialization of all our medical/surgical departments is one of our trademarks.

Heart. RFA to cure atrial fibrillation, with an 85% success rate.

Cancer. In the last 15 years the survival rates for hepatic metastases have risen from 25% to over 50%. Over 350 patients treated via radioembolization with Yttrio 90 microspheres.

Neurosurgery. Pioneers in fluorescence-guided surgery for the removal of malignant gliomas; 82% of removals completed.

Transplants. 80% of hepatic transplant patients survive at least five years after the operation. In Spain the rate is 68%.

Research to Cure

Latest-generation Technology



The Clínica Universidad de Navarra possesses the very best technology to offer its patients optimal care. Investment in diagnostic, medical and therapeutic equipment is continual, reflecting the Clinic's commitment to remaining ever at the forefront of technological innovation.

Research constitutes another of the organization's strategic cornerstones, featuring a special stress on the pursuit of translational research lines whose results are quickly applicable to the improvement of patient care. Our system is aimed at minimizing the time elapsed from the detection of an improvement until its application in clinical care.

Research, one of the Clinic's strategic cornerstones, pursues results that are rapidly applicable to the improvement of patient care.

SPECIALIZED TECHNOLOGY

The Clinic has featured a **Da Vinci robot** since 2010. This non-invasive technology offers greater surgical precision, removes the natural shaking of the surgeon's hand during operations, and improves the view of the anatomical field in question. It may be used in the fields of Urology, Gynecology, Cardiothoracic Surgery, ENT, Neurosurgery, Transplants, complex Oncologic Surgery and Traumatology, among other specializations.



Multidisciplinary teams work at the Applied Medical Research Center (CIMA), made up of biologists, pharmacists, engineers and technicians specialized in four areas: gene therapy and Hepatology, Cardiovascular Sciences, Neuroscience and Oncology.

14%

of the Clinic's scientific publications appear in the world's three most prestigious journals.

Stem cells as an alternative

Stem cell research has made it possible to obtain alternative therapies for Hematology, Cardiology, Ophthalmology, Urology, Dermatology, etc. The Cellular Therapy Area produces clinical-scale products.

The Clinic, Within Your Reach

Services for International Patients



BEFORE

- + Guidance to choose the most appropriate specialist.
- + Search for the appointment that best suits your needs.
- + The issuance of an approximate cost estimate for your medical care.
- + Contact with an external travel agency that will be able to assist you with accommodations in areas close to the Clinic.

DURING

- + Welcome upon arrival and contact with the Coordination Service to carry out the initial procedures.
- + Escort to the medical departments and services which will serve you.
- + Search for a professional - doctor, nurse, or, when necessary, interpreter - who speaks your language.
- + Counsel from our Diet Service and, where appropriate, the preparation of plans tailored to your eating habits.
- + Optimized coordination of simultaneous attention in the Exam Area for companions.

AFTER

- + The scheduling of your follow-up appointment, based on your ability to visit Pamplona.
- + Counsel from our Pharmacy Service to provide you with information regarding the names and brands in your country of the medication prescribed to you by the Clinic.
- + Delivery of a copy of radiological exams, whether x-ray plates or digital images.

Service and attention designed to assure that international patients feel right at home, mitigating the discomfort caused by one's change of country, city, or language.



Acunsa, Asistencia Clínica Universidad de Navarra, is the Clinic's own insurance coverage. Enjoy all its advantages, at a reasonable price.

Unique Insurance Coverage

- There are no copayments or deductibles, nor any limits on days of hospitalization.
- Coverage is tailored to the services offered by the Clinic.
- It ensures comprehensive services with additional, non-standard coverage, such as a hotel stay for the insured party and companion during outpatient treatment involving chemotherapy and radiation.
- Competitive prices.
- The flexibility of our products, with custom policies for companies and groups.



**Clínica
Universidad
de Navarra**

International Patients Service

If you live outside Spain and wish to receive care at the Clínica Universidad de Navarra, our International Patients Service staff includes a contact person who can help place you under the care of our specialists:

www.cun.es/international-patients

Or by email at:

cuninternational@unav.es

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